

Theory and Practical Workshops in Prolotherapy
Upper Extremity and Cervical Spine

Ferrara, Italy "Astra Hotel" Ferrara



Saturday Feb. 18th, 2023

8:30 - 9:00 - Registration

9:00 - 9:45 - Introduction of Prolotherapy (Dr. Cavallino Stephen)

General Introduction about Prolotherapy and its science
Evidence Based Medicine and Studies

9:45 - 10:15 - Preparation of Solution's Workshop (Dr. Cavallino)

Solutions and how to make prolotherapy solutions.
Material (needles, syringes, lidocaine and dextrose 5% and 33%)
Complications

10:15 - 10:30 - Coffee Break

10:30- 12:00 - Prolotherapy of the Shoulder (Dr. Andrea Piccozzi)

Anatomy and Clinical Examination and Differential Diagnosis
Technical Injection Understanding, Drawing and Needle approach techniques.

12:00 - 12:45 - Radiology Understanding in Prolotherapy of Upper Extremity

12:45 -14:30 – LUNCH (Ristorante in Hotel)

14:30-16:00 - Prolotherapy Practical Workshop of the Shoulder:

3Prolotherapy Practical Stations (drawing,palpation,needle approach technique)
Live patient demonstration with shoulder pathology and treatment at 15:00

16:00 -16:30 - Prolotherapy of the Elbow (Dr. Cavallino)

Anatomy and Clinical Examination and Differential Diagnosis
Technical Injection Understanding, Drawing and Needle approach techniques.

16:30-17:00 - Coffee Break

17:00-18:30 - Prolotherapy Practical Workshop of the Elbow.

3 Prolotherapy Practical Stations
approach technique

(drawing, palpation, needle



Sunday Feb. 19th, 2023

8:30 - 9:00 - Review of Day One (Shoulder and Elbow)

9:00 - 10:15 - Prolotherapy of the Wrist and Hand (Dr. Cavallino)

Anatomy and Clinical Examination and Differential Diagnosis

Technical Injection Understanding, Drawing and Needle approach techniques.

10:15 - 10:30 - Coffee Break

10:30 - 12:00 - Practical Workshop - Elbow - Shoulder - Wrist - Hand

3 Prolotherapy Practical Stations (drawing, palpation, needle approach technique)

12:00 - 13:00 - Question and Answers - Clinical Cases in Discussion.

13:00 - 14:30 - LUNCH (Ristorante in Hotel)

14:30 - 16:30 – Treatment Hour (Live Patients)

Questions and answers session evaluation. Clinical cases.

Practical Active Workshops for 30 min each : (Color Code)

Anatomy Lab

Drawing Palpation - Marking and Palpation Lab

Physical Therapy Lab

All Inclusive:

Registration fee,

Educational Material,

Lunch for 2 days

ECM Credits available

