



Theory and Practical Workshops in Prolotherapy

Lower Extremity and Lumbar Spine

Ferrara March 25-26, 2023

“Hotel Astra, Ferrara, Italy”

PROGRAM DAY ONE

Saturday March 25th, 2023

8:30 - 9:20 - Prolotherapy of the **Knee** (Dr. Cavallino)

- Anatomy / Functional Anatomy and Biotensegrity
- Clinical Examination
- Differential Diagnosis
- Technical Injection understanding, drawing and needle approach technique.

9:20 - 9:45 - Drawing, Palpation and Injection Technique of the Knee with Dr. Cavallino

9:45 - 10:45 - Practical Workshop of the **Knee**

3 Prolotherapy Practical Stations (20 minutes each station)

- Drawing Palpation Lab,
- Anatomy Lab,
- Clinical Case Lab

10:45 - 11:00 - Coffee Break

11:00 -12:30 - Live Patient Demonstration - **KNEE** Pathology in Prolotherapy Treatment and Clinical Cases to discuss in **KNEE** Prolotherapy



12:30 -13:30 - Prolotherapy of the **Foot and Ankle** (Dr. Cavallino)

- Anatomy / Functional Anatomy and Biotensegrity
- Clinical Examination
- Differential Diagnosis
- Technical Injection understanding, drawing and needle approach technique.

13:30 -14:30 - LUNCH in the Hotel

14:30 -15:30 - Drawing, Palpation and Injection Technique with Dr. Cavallino and Practical Workshop of the **Foot and Ankle**

15:30 -16:00 - Prolotherapy of the **Hip** (Dr. Cavallino)

- Anatomy / Functional Anatomy and Biotensegrity
- Clinical Examination
- Differential Diagnosis
- Technical Injection understanding, drawing and needle approach technique

16:00 - 16:15 - Coffee Break

16:15 -17:30 - Live Patient Demonstration of the **Hip, Foot and Ankle** Pathology in Prolotherapy Treatment and Clinical Cases

17:30- 18:00 - Questions and Answers

PROGRAM DAY TWO

Sunday May 26th, 2023

9:00 -10:00 - “Quick Review of Day One” (Dr. Cavallino)

10:00 -11:00 - Prolotherapy Lumbar - Sacral Spine (Dr. Cavallino)

- Anatomy / Functional Anatomy and Biotensegrity
- Clinical Examination
- Differential Diagnosis
- Technical Injection understanding, drawing and needle approach technique

11:00 -11:15 - Coffee Break

11:15 -12:15 - Practical Workshop of the Lumbar Sacral Spine

3 Prolotherapy Practical Stations (20 minutes each station)

- Drawing Palpation Lab,
- Anatomy Lab,
- Clinical Cases Lab

12:15 -13:00 - Clinical Cases and Live Patient demonstration of the Lumbar Sacral Spine Prolotherapy

13:00 -14:30 - LUNCH in the Hotel Restaurant

14:30 - 15:15 - Review of the Lumbar Spine Prolotherapy

15:15 - 16:00 - The Hand Out Time of the Diploma's and Certificates



For Information please contact
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